



*Parents'*  
*Handbook*  
*2011*

# Camp Walden

## Denmark, Maine

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### *Important Dates for 2011*

June 1	Camper forms due <i>(Please mail all forms to Camp Walden, PO Box 230, Denmark, ME 04022)</i>
June 21	Bunk 12 arrives
June 24	First day of camp
July 23 & 24	Visiting Days
July 23	Registration for Summer 2012 Opens!
August 12	Camp Ends
August 17 - 27	The Main Idea at Camp Walden
September 15	Early Registration for Summer 2012 Closes!

## **Welcome Walden Parents!**

Walden's 95 year-old program blends tradition with contemporary thinking to develop girls' self-esteem, confidence and leadership. Our Honor System, run by a council of camper representatives, promotes values of honesty, respect, personal and community responsibility, and consideration of others. We strive to balance camper interests with the need for growth and challenge within our wide variety of camp activities. Our extensive trip program, with scenic mountain hiking and canoeing trips, inspires appreciation for the New England environment. Welcome to Walden, make yourself at home!

This handbook is filled with lots of useful information. You will find packing guidelines, baggage information, and details on Visiting Days. You will also learn about activities, trips, and traditions, and how best to communicate with your daughter while she is at camp. We hope that you find many answers to your questions here. Additional information is available on our website, [www.campwalden.com](http://www.campwalden.com). If you have questions after reading this handbook and consulting the website, please contact one of the people listed on the last page. We look forward to seeing you and your campers this summer!

*This handbook is for the exclusive use of  
Walden Camper Families.*

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## *Camp Uniform/Packing Guidelines*

**At Camp:** Your daughter will wear camp uniform every day. From t-shirts, tank tops, and long-sleeve jerseys to sweatpants, sweatshirts, and mesh shorts, the uniform is designed to keep the girls comfortable in the variable Maine weather. Friday and Sunday nights are “color nights,” when campers wear clothes from home.

**Each camper will be given one trunk and one drawer to store her belongings while at camp.** Please limit the number of jeans, shorts, and t-shirts so that your daughter does not have too much clothing. We recommend that you use the packing list as a guide.

**On Trips:** When she is out on a trip, your daughter will wear camp uniform. Mountain climbing trips for older campers require special clothing and equipment which is listed on our website and in this handbook under the **Suggested Packing List**.

**Ordering Camp Uniform:** *The Camp Spot* ([thecampspot.com](http://thecampspot.com)) provides camp uniform and other necessities, such as camping equipment, bathrobes, and raincoats. You will receive a catalog from *The Camp Spot* in the winter with an itemized packing list, and you will have an opportunity to meet with a representative when *The Camp Spot* visits your area in the late winter/early spring. It is fun for your daughter to try on camp uniform and important for you to order the right size.

If *The Camp Spot* does not come to a city or town near you, you may contact our office, and we can help you decide on the size that will fit your daughter. We can also put you in touch with a returning camper who can help you select the right size or offer hand-me-downs.

After you place your order with *The Camp Spot*, it will take two to three weeks before your order arrives. Place your order early in case you need to make exchanges. We recommend that you have *The Camp Spot* sew labels onto all the items that you order from them. Please make sure that you clearly label every article of clothing, including color night items, with a laundry pen or name tag.

**Laundry** is washed once a week. Girls bring their dirty laundry to our laundry facility in the morning and pick up their clean laundry the following day. Camp provides each camper with a pillow and pillow case, 2 bath towels, 2 wash towels, 2 sheets and 3 blankets.

**Labeling** *everything* your daughter brings to camp is very important. Make sure that her name is clearly marked with sewn in name tags or permanent marker. Commonly overlooked items include footwear, tennis rackets (be sure to label the racket itself), sheets, hats and helmets. It is not uncommon for items to go missing at camp—by labeling your daughter’s belongings you’re making sure they’ll find their way back to her.

### *Suggested Packing List*

#### **Uniform:**

- 10 t-shirts
- 3 long sleeve t-shirts
- 1 polo shirt
- 1 tank top or sleeveless v-neck shirt
- 8-10 pairs shorts
- 2 sweatshirts
- 2 pairs of sweatpants
- 1 brown fleece pullover or camp jacket
- 1 collegiate hoodie
- 1 orange tie with pins
- 14 pairs of underpants
- 14 pairs of white socks
- 2 pairs hiking socks
- 8 bras
- 2 pair winter pajamas
- 1 pair summer pajamas
- 2 bathing suits (no black or navy blue)

#### **Color Night Clothes:**

- 2 pairs jeans
- 2 pairs shorts
- 1 long-sleeve shirt
- 2 t-shirts
- 2 tank tops
- 1 pair sweatpants
- 1 hoodie

**Shoes:**

- 1 pair flip-flops for shower
- 1 pair slippers
- 2 pairs of sneakers
- 1 pair tennis shoes
- 1 pair *Tevas/Keens* or sandals w/ back strap
- 1 pair hiking boots

**Equipment:**

- 1 riding helmet (for riders only)
- 1 pair swimming goggles\*
- 1 tennis racquet
- 1 *Crazy Creek* seat\*
- 2 water bottles
- 1 backpack
- 1 mess kit
- 1 set of camping silverware
- 1 sleeping bag
- 1 rain poncho
- 1 windbreaker
- 3 beach towels\*
- 2 hand towels\*
- 1 comforter/blanket\*
- 1 terrycloth robe
- 1 mattress pad\*
- 1 pillow\*
- 2 sets of sheets\*
- 2 mesh laundry bags
- 2 flashlights/batteries
- 1 Riding boots\*
- 1 pair riding jodhpurs\*
- 1 Lacrosse stick\*
- 1 Field hockey stick\*
- 1 Cleats/shin guards\*
- 1 Softball glove\*

*\*Optional*

**Personal Materials:**

- Shower caddy
- Deodorant
- Hairbrush/comb
- Hair elastics
- Shampoo/conditioner
- Soap

Sunscreen  
Toothbrush/toothpaste  
Razor/shaving cream  
Tampons/pads  
Stationery  
Address book  
Pens/pencils  
Stamps  
Tape/glue/scissors  
Books  
Camera  
Games/cards/jacks  
Pictures/posters  
Thumbtacks  
Small mirror  
Nail clippers  
1 stuffed bear (Brown team mascot)  
1 stuffed monkey (Tan team mascot)

***Camping Equipment for Bunks 9, 11 and 12:***

1 frame pack or frameless/internal pack  
1 pack cover  
1 pair rain pants  
1 rain jacket  
1-2 wicking clothing: long-sleeve shirt, t-shirt, pants  
3 pairs hiking socks  
1 small, lightweight sleeping bag  
1 warm hat  
1 pair fleece mittens or gloves

***Please note that cell phones are not allowed at camp and portable music players such as iPods are strongly discouraged. There is no cell or internet connection at camp and only bunk 11 and 12 have electricity.***

*Baggage Information*

We use **Camp Baggage** ([campbaggage.com](http://campbaggage.com)) to ship duffel bags, luggage and trunks to and from camp. Parents need to make arrangements with Camp Baggage directly. A crew from Camp Trucking will pick up the bags from your home and deliver them to camp so that they are waiting for your camper when she arrives. At the end of the summer, Camp Trucking will collect your daughter's luggage and return it to your home.

If you live outside of Camp Baggage's service area, you may send duffels via UPS. Please arrange to have duffel bags arrive at least three days before camp begins.

**Campers are limited to two duffel bags or two large suitcases only.** We suggest packing one with clothes and one with bedding and equipment. We make a concerted effort to keep our bunks clear of unnecessary belongings. Please help us by limiting the amount of "excess stuff" that your daughter packs. The packing list in this handbook or the uniform catalog should serve as a guide. Any extra shelving, throw rugs, or other items that take up floor space will be put in storage for the summer. If you have any questions about whether or not your daughter will need a particular item, please contact us. **BE SURE YOUR DAUGHTER'S NAME IS ON EVERYTHING.**

On the day they come to camp, we ask that campers bring only a small backpack with last minute items.

### *Transportation to and from Camp*

#### **Friday, June 24th**

Campers from the New York/New Jersey area take a bus to camp. Counselors will be there to greet you, check your daughter(s) in, and chaperone the drive to camp. The buses leave from New York City and Westchester.

-The New York City bus leaves at **8:00 am** from the south side of Lincoln Center, 62<sup>nd</sup> Street. Please plan to arrive at 7:30 am so we will have plenty of time to load everyone on the bus and start our trip to camp on time.

-The Westchester bus leaves at **8:30 am** from the Kohl's Shopping Center in Port Chester (in front of Kohl's), 431 Boston Post Road (exit 11 off 287). Please plan to arrive at 8:00 am so we will have plenty of time to load everyone on the bus and start our trip to camp on time.

Girls from Massachusetts and Connecticut, who are not flying, will be picked by camp vans and driven to camp.

-The vans will leave at **12:00 noon** from the Northbound Lexington Service Area on Route 128 (also called I-95). The

Lexington Service Area is on the exit ramp between Exits 30A and 30B. If you are driving southbound, reverse direction at Exit 29 (Route 2). Please plan to arrive at 11:30 am so we will have plenty of time to load everyone on the van and start our trip to camp on time.

We arrange for campers from other parts of the country to fly into the Portland airport, where they will be met by counselors who will check them in and drive them to camp.

-Campers flying into Portland should arrive between 11:00 am and 4:00 pm.

In the unfortunate event that your child misses her flight, please notify camp immediately (207-452-2901) so that we are not worried when she does not get off the plane.

A small number of parents opt to drive their daughters to camp. Please aim to arrive at camp between 2:00 and 5:00 pm and check-in when you arrive. Driving directions to camp are available on our website.

### ***Absentee Campers***

In the event of a missing camper traveling by van or bus on pick-up day, the following procedures apply:

The parent coordinator will attempt to reach the missing party. The counselor chaperones should notify camp and camp will also attempt to reach the parents of the missing camper. The bus/van will leave no later than 30 minutes after the scheduled departure. If the bus/van departs without a camper, parents are responsible for getting their camper to camp.

If your child is traveling by plane please let us know via email or phone when their flight departs. Again if your child misses a flight please notify us immediately (207-452-2901) so we can make plans for their arrival. Please supply us with your child's cell phone number if applicable. We recommend that campers travel as unaccompanied minors if we are unable to supply a chaperone.

We generally have a counselor at the Portland airport all day on arrival day. Campers are met immediately beyond airport security by uniformed staff. Prior to the arrival date we will supply parents with the name of the pick-up chaperone.

In the event of a delayed or rerouted flight we ask parents to notify us as soon as possible. If we hear of a flight delay or re-route, we will notify parents as well. If a camper is in the air on the way to camp, a counselor will remain at the Portland airport until the camper has landed safely and been met by our staff.

### ***Friday, August 12th***

All campers leave camp between 6:00 and 8:00 am to drive to the airport or pick-up point. Pick up locations are the same as the drop off locations from the beginning of the summer.

A camper may not be released to anyone other than her parent or the legal guardian who signed her Registration Form. In the case of a divorce, the child may only be released to the parent with custody. The only exception to these rules is if the camp has prior permission in writing from the parent/guardian to release the child to another person.

More information about this year's transportation information is posted on our website. You will be asked to confirm your daughter's departure information over the summer.

### *Visiting Days*

Visiting time allows you to connect with your daughter and meet her friends and counselors. You will have a chance to observe your daughter at activities, and you will have lots of time to catch up and find out about her life at camp. Pack a bathing suit and towel for free swim, as well as a hat and sunscreen.

You are welcome to visit *either* Saturday, July 23<sup>rd</sup> or Sunday, July 24<sup>th</sup> from 9:00 am to 4:00 pm. We ask that all family members and friends coordinate among themselves to select which day they visit their camper(s). If you have more than one daughter at camp, please visit them both on the same day.

We welcome siblings and invite sisters, age 12 and under, to spend the night if they wish. Please notify us in advance if you have a daughter who would like to sleep over.

Due to the Bunk 11 bunk show, Bunk 11 parents are encouraged to visit on Saturday to enjoy this special event.

While we anticipate that parents will bring treats, we ask that you respect our request to only bring what your daughter and her bunkmates can eat by the end of the weekend. Healthy snacks such as fresh fruit are preferred. Excess food will be collected and removed from the bunks. Please do not bring gifts that will take up space in the bunk.

We have a strict no tipping policy for counselors.

## *Camp/Family Communication*

### **Letters & Packages**

Letters can be kept and read over and over again and are a tangible reminder of slower times in today's fast-paced world. We strongly endorse the art of letter writing. By encouraging campers and parents to write letters, we are helping campers unplug from their instant communication habit.

Our address for mail and shipments through the US post office is:

PO Box 230  
Denmark, ME 04022

Packages shipped via UPS or Federal Express should be sent to our physical address at:

93 Walden Drive  
Denmark, ME 04022

For all parents, and especially parents of new campers, it is a good idea to send a letter several days before the start of camp. That way a letter will be waiting for your daughter when she first arrives.

In an effort to keep chipmunks and other critters out of the bunks, we ask you not to send food. We inspect packages and will remove any food items.

### **Emails**

You may send e-mail messages through [www.bunk1.com](http://www.bunk1.com). This is a one-way email system which we print out and your daughter will receive as a piece of mail with the rest of the cabin mail. Please do not send photographs or color images as we will not

be able to print them. Campers do not have access to e-mail at camp, so they cannot respond to email.

### ***Bunk1.com Photo and Video Gallery***

We will post photos and videos on Sunday, Tuesday and Friday evenings. Please bear in mind that your daughter's program and safety are our number one priority and due to this it may necessitate a delay in posting photos. We appreciate your understanding.

### ***Phone Calls***

Through years of experience, we have found that campers who miss home do not benefit from hearing their parents' voices. Consequently our policy is that girls in Bunks 1 through 10 may not make or receive phone calls until after the first two weeks of camp. We do make an exception for birthdays. If your daughter has a birthday during this period you may call her on the office number (207-452-2901). The best time to reach your daughter is during breakfast (8:30 – 9:00 am) or lunch (12:30 – 1:00 pm, Monday – Saturday, 1:00 – 1:30 pm Sunday). In the event of an emergency, please use the office number listed above.

After the second week, we post a schedule that gives campers a chance to phone home twice during the summer, if they wish. During pre-camp, we will contact you by email to arrange these calls at a convenient time for you and your daughter.

### ***Cell Phones***

We know how important it is to communicate with your daughter; we also believe, however, that it is important for campers to gain greater independence while they are away from home. Therefore, we do not allow cell phones at camp. Any cell phones that come to camp spend the summer in the office.

### ***Progress Reports***

After the first week of camp, one of your daughter's counselors will send home a brief note about your daughter's adjustment to camp. At the end of the summer, you will receive a complete report detailing your daughter's achievements at activities, as well as her social progress.

## *Camper Allowance*

In an effort to keep money out of the bunk area, each camper has a personal “pocket money” account in our office. From this account, campers can take out cash, or credit a purchase to her account, as appropriate. Payment to this account is included with your camper’s tuition bill. Once camp has finished, we will send a refund or bill you for the balance due.

## *Health and Medicine*

### ***Health Notification***

By sending their child to camp, Parents and Guardians accept that they are subjecting their child to basic, inherent risks related to camping. This includes, but is not limited to, risks related to setting such as tree roots, uneven ground, weather, insects, plants and animals. It also includes risks related to each of our daily activity programs, special activities and events, and out of camp trips. Please note that Camp Walden is an accredited program based on the American Camp Association’s (ACA) requirements for health and safety. We have considered all precautionary measures the ACA deems necessary for the safety of your child.

In the unfortunate event that your child should fall ill or become injured, we have two live-in nurses in our health center that will help your camper get back on her feet as quickly as possible. Parents will be notified as soon as possible if our nurses advise further medical attention from a doctor, dentist, or other emergency personnel that require taking their child out of camp. Please understand that in the event of an emergency, our first concern is attending to your child.

### ***Medication Policies***

Medication is distributed by the nurses typically after meals or as needed. If your child takes any prescription medication, over-the-counter medication, inhalers or vitamins on a regular basis, they will need to visit the nurse for distribution. No medication of any kind is allowed in the bunks. Please send all medication and user instructions to camp by **June 15<sup>th</sup>**. It is your responsibility to send enough medication for the summer, or to send us a refill when it is due.

If you need to send medication on the bus with your child, please be sure that it is clearly marked before you give it to the bus supervisor. The bus supervisor will give it to the nursing staff when your daughter arrives at camp.

## *Daily Activities*

Campers enjoy a wide variety of activities. While sometimes an entire age group is assigned to the same activity, at other times campers of different ages participate in an activity together. Your daughter will have a chance to request her favorite activity periodically throughout the summer.

**Camp Craft** teaches campers outdoor and camping skills, including fire building, orienteering, plant and animal recognition and campfire cooking. Campers also get to help prepare equipment and supplies for their upcoming trips.

**Creative Arts** include arts and crafts, dance, and drama. At arts and crafts, campers work on jewelry, enameling, ceramics, and printmaking. This summer we will have a focus on making art out of recycled and natural materials. At dance, girls may do hip-hop, folk, modern dance, or tap. At drama, campers play theater and improvisational games and act in skits.

**Horseback Riding** is available to all campers. Girls who are not interested in riding should indicate their preference on the Activity Form that they fill out before camp begins.

**Intensive Riding** offers campers a minimum of 25 hours of instructional riding over the course of the summer. This activity costs an additional \$400.

**Intensive Tennis** takes place during the first two weeks of camp. Campers spend the entire morning at tennis. They participate in drills and learn skills and strategies intended to strengthen their game.

**Land Sports** include tennis, soccer, softball, lacrosse, field hockey, basketball, climbing wall, volleyball, kickball, and archery. We provide opportunities for all campers to play a variety of land sports, and we encourage girls to continually improve their skills at these activities.

**Rainy Day Activities** may include dodge ball, basketball, indoor relay races, dance, drama, arts and crafts, and board games. Campers may opt to work on *Splash* submissions, do summer reading, bake cookies, or assist in the HHC Theater. We try our best to vary activities and not let rainy weather hinder our fun.

**Ropes Courses** include the zipline and the high/low ropes. Girls must be at least in Bunk 9 to participate in the zipline and high ropes courses.

**Water Sports** include swimming, canoeing, kayaking, sailing, and waterskiing. We regard swimming and canoeing as essential core skills, and we work hard to ensure that every camper achieves competency as both a swimmer and canoeist.

## *Trips*

Trips are an integral part of a Walden summer. While younger campers take one-night camping trips, older girls go on mountain climbing and canoeing trips that take them out of camp for three or four days at a time. There are many beautiful sites in Maine and New Hampshire, where Waldenites grow to appreciate the beauty of a mountain view, a moose sighting, or a starlit sky on a cool summer night. Girls learn the pleasures and challenges of sleeping outdoors, assisting in meal preparation, and cooperating in a group.

Each age group goes on three major trips each summer: a Hiking Trip, a Canoe Trip, and a "Pleasure Trip." "Pleasure Trips" occur at the end of the summer, are often based in urban locations, and take campers mini-golfing, bicycling, bowling, eating at restaurants, and other fun activities. Besides these three main trips, there are always beach trips, horseback riding overnights, tennis competitions, and practice hikes scattered throughout the summer.

Each age group goes on specific trips each summer. Some of the trips are called by the name of their location and others have specifically Walden titles. Waldenites have traveled and paddled along some of these routes for decades!

	<b>Hiking Trip</b>	<b>Canoe Trip</b>	<b>Pleasure Trip</b>
<b>Bunk 1 &amp; 2</b> (age 9)	Arethusa Falls	Sand Pond	Long Lake
<b>Bunk 3, 4, 5</b> (age 10)	Champney Falls	Wyonegonic (Moose Pond)	Scarborough
<b>Bunk 6, 7, 8</b> (age 11)	Mount Caribou	Moose Pond	Sealed Order
<b>Bunk 9</b> (age 12)	Carter Dome	Saco River	Attitash
<b>Bunk 10</b> (age 13)	Mount Moosilauke	Androscoggin River	Ogunquit
<b>Bunk 11</b> (age 14)	Mount Washington Range	St. Croix River	Seashore
<b>Bunk 12</b> (age 15)	Mount Kathadin	Kennebec River Rafting	Quebec, Canada

Please keep in mind that trips are subject to change each year.

### *Walden Traditions*

Walden is rich in tradition. There are many traditions—some very silly and some quite sacred—and all are loved and cherished by campers, past and present.

**Bunk 12** is made up of the oldest campers. These girls lead the camp as they participate in a variety of tasks. Girls from Bunk 11 assist Bunk 12 in these responsibilities so they are prepared to lead the camp the following summer.

**Bunk shows** are performed on Saturday nights. Favorite musicals, such as *South Pacific*, *Cinderella*, and *The Wizard of Oz* are among the shows performed. Each age group collaborates on the show, devoting one week to learning their lines and rehearsing songs and dances. Campers attending the bunk show wear their orange ties to the bunk show. (*Please attach a few pins to your daughter's tie before packing it up!*)

**Campfire:** The Waldenites of 1945 were relieved and overjoyed as WW II ended. In memory and celebration of their loved ones, they walked down to the lake, joined hands in a circle and sang patriotic songs. This event led to the creation of the "Peace Circle" as the special place where Sunday night campfires are held. Bunk 12 leads the camp in singing a variety of traditional folk and original songs that express the warmth and harmony that makes Walden a special place.

**Campsisters** are matched up on the first night of camp. Every new camper is assigned to an older camper, who will serve as her campsister all summer long. Older campsisters act as a special friend whom younger girls can depend on for support. Campsisters sit together at mealtime for the first two weeks. Older campsisters visit at bedtime and tuck in their younger counterpart.

**Counselors' Show:** Due to an extremely poor play performed by Bunk 12 many years ago, the counselors decided to poke fun at them and produced the first Counselor Show. It turned out to be extremely funny and has been an anticipated event ever since – even though no one is sure if it really ever happens!

**Denmark Fair** is a night time carnival that is organized by Bunk 11 and 12ers on the Planning and Entertainment Committee. These girls coordinate and run this event to support **The Main Idea**. The event takes place rain or shine, and the evening culminates with an old-fashioned cake walk and raffle.

**E-A Rock** is a large rock located near the end of the dirt road leading into camp. When girls return from an outing, they remain silent from the time they turn at the Walden Sign until they arrive at E-A Rock. When campers pass the rock, they sing the E-A cheer, which is used to express appreciation, gratitude, and general happiness! Their cheers indicate to everyone that the trip was successful and fun. The same cheer is used to express congratulations. No one is quite sure of the significance of the letters *E* and *A*, but the cheer has endured since the first E-A-O in 1919.

**Honor System** is the core philosophy upon which Walden is based. It instills a value system based on respect for others. Honor system teaches the girls to take responsibility for their actions and to consider the needs, thoughts, and feelings of others. Each bunk elects a girl to represent them on the council. Council reps are responsible for explaining and enforcing honor system in their bunk. A Bunk 12 camper serves as council president.

**Singing** is a key part of the Walden experience. Girls sing at mealtime, at camp meeting, before bunk shows, while walking to activities, just about anywhere and anytime! There are many opportunities for girls to craft original songs. On July 4<sup>th</sup> each

bunk performs a new song that they have written. Each time a group goes out on a trip, they return with an original song that they share with the entire camp.

**Snakeline** takes place sometime (it's always a surprise) during the first week of camp. Everyone walks, hand-in-hand, through camp, all the while singing camp songs. Everyone winds up in the Rec (short for recreation!) Porch, where the Director announces the first trips of the summer.

**Splash** is the camp yearbook that is distributed at the end of the summer. The older girls devote a fair amount of time to organizing, writing, and editing *Splash*. After it is distributed, campers sign each other's copy with special messages.

**Team sports** take place on weekends and offer a time for the Browns and Tans to play a variety of sports. Before beginning, the team captains lead the camp in Unity Songs, which convey the message that regardless of who wins, campers are playing to have fun. The goal is for every camper to play her best in an appropriately competitive atmosphere. During activities, we provide instruction and aim for campers to enjoy learning while improving their skills. During team sports, campers test out these skills as they play the games they have worked on at activities.

## *Policies*

**Cigarettes, Drugs, and Alcohol:** We strictly forbid the use of cigarettes, drugs, and alcohol. Any use of these substances will result in disciplinary action, including expulsion from camp. If a camper is sent home for violation of this rule, there will be NO refund of the camp fee. We comply with all state and local laws prohibiting the purchase of tobacco products for or by minors.

**Music:** While we recognize that music is an important part of our campers' lives, we strongly discourage the use of personal music players with headphones at camp. We leave it to you as parents to determine what you send up to camp for the summer with your daughter. The use of personal music players *will be limited* to rest hour and after taps. Multi-use devices that have music, texting, video, camera and internet functions are prohibited. Please remember that our bunks do not have electricity; charging batteries in our main buildings is not

permitted. We are not responsible for any music devices that are lost, stolen or broken.

**Pets:** Campers are not allowed to bring animals of any kind to camp.

**Photography/Video:** We allow and encourage the use of film and digital cameras to record the memories of the summer. We do not allow video cameras. Digital recording is permitted inside cabins with a counselor present; it is strictly forbidden in the shower house, bathrooms, and changing facilities. We trust our campers' judgment under the Honor System with regard to appropriateness of content. Videos may not be published, shared or exchanged without the permission of the Camp director. We are not responsible for cameras that are lost, stolen or broken. Please remember that our bunks do not have electricity; charging batteries in our main buildings is not permitted. We are not responsible for any photography devices that are lost, stolen or broken.

We ask that you as parents/guardians review the content of your daughter's photographs and recordings (digital or print) and inform us if you discover any images that are inappropriate, against camp policies or of concern to you as a parent. We would also like you to remove any form of these images from your child's possession, to avoid inappropriate sharing or exhibition of images. Any camper that takes a compromising photograph of another camper or staff member, and uploads it on the Internet, or makes it public in any way, may be subject to dismissal from camp or may not be allowed to return. If the law is broken, the appropriate authorities will be notified. Please help us maintain a safe environment by explaining this to your child.

**Refund Policy:** If a family should decide not to send their daughter to Walden, the fall deposit will be refunded for all requests made prior to November 15 (for tuition for the following summer). Refund requests after this date cannot be accommodated.

Walden reserves the right to send any camper home if we deem it in the best interest of the camper and/or the camp community. Campers who are asked to leave due to behavior issues or the violation of camp rules or policies will not be eligible for a refund.

**Sports Equipment:** Although campers are welcome to bring personal sports equipment to camp, items that we deem potentially hazardous, including lacrosse sticks and softball bats, may need to be locked up or placed in special storage when not in use. Amount of space in the bunk, the number of campers, and the age of the girls will all be considered when implementing this policy.

**Weapons:** Campers are not to have any weapons in their personal possession at anytime while at camp. The only exception to this rule is when the campers are using archery equipment, whittling knives, or the like in scheduled, supervised activities. If a camper is found in possession of any prohibited item in any circumstance deemed potentially dangerous by camp staff, disciplinary measures will follow, including possible expulsion from camp.

### ***The Main Idea***

**The Main Idea** is an extraordinary and distinctive ten-day program, for girls ages 9–14, who might not otherwise have the opportunity to benefit from a summer camp experience. The program begins shortly after Walden ends. Girls from Bunk 11 stay and volunteer as junior counselors. **The Main Idea** is a non-profit 501(C) (3) corporation supported by donations from alumnae, friends and present campers and their parents. For more information you can visit their website at *themainidea.org*.

## *Staff*

Director

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