



CAMP WALDEN OPTIONAL PROGRAMS & ACTIVITIES FORM 2011

We offer our campers the opportunity to schedule extra time in the activities that interest them the most and to sign up for activities that may be specific to certain campers' needs. Please read through these descriptions with your daughter and indicate on the form provided which ones she would like to take part in.

A CAPELLA SINGING: While singing is a way of life at Walden, this is an opportunity for campers to concentrate on the finer skills of singing in harmony. A Capella is offered to all campers who value tone and tune, over volume.

BAT MITZVAH STUDY: Many campers return home at the end of the summer to celebrate their Bat Mitzvah. Need your camper to practice their Torah portion or prayers before the big day? We will provide regular opportunities for campers to practice throughout the summer with the supervision of a counselor. No activities or trips will be missed.

FISHING: New this year to Walden campers is fishing. Campers will have the opportunity to spend an hour quietly on the lake learning the skills and patience to reel in some of the big fish that enjoy Walden Pond when we are not there.

INTENSIVE RIDING: Some campers want to ride occasionally while others have a greater interest and wish to be scheduled more frequently. If your daughter is an occasional rider, we will try to schedule her to ride a couple of times per week. If your daughter joins intensive riding she will receive a minimum of 25 hours during the summer. There is a charge of \$400 for this program. Rental of horses and the number of riding staff is dependent on the number of responses to this activity, so be sure to sign up ahead of time. No trips will be missed for intensive riding.

INTENSIVE TENNIS: Intensive tennis is divided into two one-week sessions: one for intermediate players who want to put extra effort into their game, and one for more advanced players. Campers who are interested in intensive tennis will be evaluated at the beginning of camp to be placed in the appropriate level. Those who do not qualify for intensive tennis will participate in our excellent regular tennis program.

The 2.5 hour intensive tennis morning program includes extra conditioning, instructional drills, and supervised play. While campers will not miss mountain or canoeing overnight trips due to intensive tennis, they may miss a day trip or some other desired event or activity. At the conclusion of intensive tennis, all campers can continue their tennis instruction in our regular tennis program. All age groups are involved in our inter-camp and intra-camp matches and can compete as often as their schedules permit.

MUSICAL INSTRUMENT PRACTICE: Campers are encouraged to bring their musical instrument to camp this summer to continue practicing. As an alternative to an activity, campers will be scheduled to spend the period practicing independently in the main house with staff supervision.

STAGE CRAFT: If campers would like to get involved in what happens behind the scenes each week in preparation for a bunk show then the Stage Craft activity is for them! Campers who participate in this activity will help make props, design costumes and construct scenery for the bunk shows.

SUMMER READING: Sure there's rest hour, but sometimes campers just need a little more time to make it through that extra-thick summer reading assignment. Signing up for Summer Reading gives them the opportunity to focus on what they need to complete by summer's end.

ACTIVITY FORM

Camper _____ Bunk _____
(Please print your daughter's name)

Optional Activities

Please indicate your daughter's choice of **optional** activities by **marking** the box of the activity below

- A Capella Singing
- Bat Mitzvah Study
- Fishing
- Intensive Riding (\$400 extra will be billed separately)
- Intensive Tennis
- Musical Instrument Practice (Please specify the instrument: _____)
- Stage Craft
- Summer Reading

Regular Activities

The following is a list of our regular activities that all campers attend. Your daughter will have a chance weekly to select her favorite regular activities. If there is a regular activity that you would like your daughter to participate in, please indicate:

I would like my daughter to participate in _____

- | | | |
|-----------------|---------------------|--------------|
| Archery | Field Hockey | Sailing |
| Arts and Crafts | Gymnastics | Soccer |
| Basketball | Kayaking | Softball |
| Canoeing | Lacrosse | Swimming |
| Climbing Wall | Riding (Occasional) | Tennis |
| Dance | Ropes Course, High | Volleyball |
| Drama | Ropes Course, Low | Water Skiing |

Campers may opt out of Riding and High Ropes (note that high ropes are only available to Bunk 9 and above). Please indicate this preference below:

- No Riding No High Ropes

Please return this form to us no later than June 1st.

Camp Walden
PO Box 230
Denmark, ME 04022